

1. Prescription Human Medications

Types of medications pets were exposed to reflect the most common medications prescribed for people: cardiac medications (especially antihypertensive), closely followed by antidepressants and pain medications.

2. Insecticides

Insecticides were the APCC's second most common call, representing a wide range of toxicity from mild stomach upset to potentially life-threatening signs.

3. Over-the-Counter Medications

Calls ranged from potentially serious pet ingestions, such as NSAIDs and acetaminophen, to ingestions like fish-oil capsules which are less dangerous.

4. Household Items

Items such as cleaning products, glues and paints are too often in the reach of pets and remain major exposures.

5. Human Foods

Pets, especially dogs, cannot seem to get enough of human foods. Unfortunately, they can't tell that the delectable pizza crust they got last night was OK but the pound of grapes on the table today is not.

6. Veterinary Medications

This category slid down two spots in 2013 as more people become aware that chewable medications are very tasty and pets will ingest entire bottles if they have access.

7. Chocolate

Chocolate ingestion accounts on average for over 26 calls a day to the APCC. Easter, Halloween, Valentine's Day and Christmas are particularly high-volume chocolate toxicity days.

8. Rodenticides

Rodenticides are manufactured to kill mice and rats but they can also kill pets if ingested.

9. Plants

Most plant calls involved houseplants. While there are plenty of dogs looking to chew on plants, they are even more popular with cats.

10. Lawn & Garden Products

Lawn and garden products round out the top 10, and many of these exposures were due to people not storing the products out of the reach of pets.